



# Breastfeeding Buzz

July 2019

Volume 2, Issue 7

## BREASTFEEDING CLASSES

### July 2

- 11:00 a.m. Yazoo Co WIC Food Center

### July 8

- 10:00 a.m. Rankin WIC Food Center

### July 9

- 10:00 a.m. Simpson Co. Health Dept.

### July 10

- 10:00 a.m. & 3:00 p.m. Medical Mall

### July 17

- 11:00 a.m. - Madison Co. WIC Food Center

### July 24

- 4:00 p.m. Yazoo Co. WIC Food Center

## BREASTFEEDING SUPPORT

**WIC's Breastfeeding Program**  
601-981-2304

**Mississippi Lactation Services**, Dr. Christina Glick, M.D. 601-932-6455

**The Infant Risk Center** 806  
352-2519 Dr. Thomas Hale's helpline for medications information

**Merit Health Woman's Hospital Lactation Center** 601-933-6180 or 601-933-6493

## GROUP SUPPORT

**SIPPS Baby Café** - Thursdays  
11:00 a.m. to 1:00 a.m. at Mississippi Urban League

**Mother & Baby Time** - Tuesdays  
10:00 a.m. to 11:00 a.m. at Merit Health River Region Hospital

## WIC's Breastfeeding: All About of Love Event is August 23

Every year WIC's Breastfeeding Program hosts an educational community-wide baby shower celebrating National Breastfeeding Awareness Month for prenatal and breastfeeding mothers. "Breastfeeding: All About Love" will take place Friday, August 23, 2019 in the Community Room in the Jackson Medical Mall with registration beginning at 9:00 a.m. Topics to be discussed by guest speakers include: Baby-Friendly, the Mississippi Milk Bank, Breastfeeding from Dads' Perspectives, WIC, SIDS prevention, car seat safety, and more. Baptist Hospital, Merit Health Hospitals, and the Mississippi Breastfeeding Coalition will also be represented. If your hospital would like to come, please let us know as soon as possible. Mothers will be provided door prizes, goody bags, and refreshments. WIC participants will earn required nutrition education credit. The event will conclude at 12:00 p.m.

## FREE EDUCATION

### July 16

12:00 p.m. - 1:00 p.m. Great Lakes NetWORK Series Webinar: Ethics, Online Messaging, and Pressure to Breastfeed. Register at <https://register.gotoweinar.com/register/1815452425850536205>

### July 17

1:00 p.m. - 2:30 p.m. USBC Power Tools for Coalitions Webinar Series. Register at <https://register.gotoweinar.com/register/1354496437132101122>

### July 23

1:00 p.m. - 2:30 p.m. USBC Racial Equity Series. Register at <https://register.gotoweinar.com/register/8175514735082416130>

### July 24

1:00 p.m. - 2:00 p.m. Medela Webinar: "Talking Points" Standardize Evidence-Based Messaging about Lactation and Human Milk for Healthy and at-Risk Populations. Register at <http://www.medelabreastfeedingus.com/professionals/Education/Programs/Detail/715>

### July 31

1:00 p.m. - 2:30 p.m. NACCHO Webinar: Knitting a Lactation Safety Net: Marshaling Resources to Serve Communities. Register: [https://naccho.zoom.us/webinar/register/WN\\_M38C\\_TUWS7mJl9aN2Y7a2g](https://naccho.zoom.us/webinar/register/WN_M38C_TUWS7mJl9aN2Y7a2g)

## Great Job to Dr. Glick, Jameshya Ballard, and Kimberly Ramsey

The National WIC Association hosted the State of Infant and Maternal Mortality in Mississippi June 6, 2019. Jameshya Ballard and Kimberly Ramsey spoke about steps WIC is taking to reduce infant and maternal mortality. Dr. Christina Glick provided the keynote address discussing much of the statistics and scientific evidence. This was a great networking opportunity for all present as many different groups who can work together to reduce infant and maternal mortality in the state were represented.

MILK SUPPLY  
**is built on**  
MILK REMOVAL.  
NO COOKIE, OR  
DRINK, OR  
SUPPLEMENT WILL  
MAKE UP FOR  
INFREQUENT  
FEEDING OR PUMPING.