



CHAMPS 4-Hour Breastfeeding Clinical Competency Training

Wednesday, August 9: 12:00 – 4:00 pm

Northern Montana Hospital
Conference Room 4

(Light refreshments will be provided)

RSVP online at bit.ly/2t186MN



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This free 4-hour course is designed to cover 4 of the 5 hands-on clinical competency training hours required by Baby-Friendly USA™. The course is free and open to hospital nursing staff, doctors, midwives, community members, and those in positions to support breastfeeding mothers. This course will cover basic clinical skills supporting breastfeeding, including:

- counseling skills
- skin-to-skin practices
- effective positioning and latching
- hand expression
- safe formula preparation

For general information about the training, email the AI/AN CHAMPS team CHEERequity@gmail.com.

Meet the Trainer: Camie Jae Goldhammer

Camie Jae Goldhammer, MSW, LICSW, IBCLC (Sisseton-Wahpeton) is founder and chair of the Native American Breastfeeding Coalition of Washington, a member of the Native American Women's Dialogue on Infant Mortality, and a founding mother of the National Association of Professional and Peer Lactation Supporters of Color. Her work focuses on the effects of historical and complex traumas on American Indian/Alaska Native families, inequity in breastfeeding support and food/tribal sovereignty through breastfeeding.



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