

# MS Champs Conference

## Train the Trainer: How to Teach the CHAMPS 4-Hour Skills Course

*Presented by Cathy Carothers, BLA, IBCLC, FILCA*

*November 17, 2016*

### Welcome and Introduction

- The CHAMPS 4-hour competency training
  - Clinical skills competency for Baby-Friendly
  - 4 of the 5 hours required
  - Teaching approaches based on adult learning principles
  - Reporting requirements
- Who can teach it
  - Participate in a live session of the training
  - Attend the Train the Trainer webinar (contact CHAMPS office for access)
  - Be a lactation consultant or other expert

### Competencies Addressed:

- Competency #1: Talking with Families about Breastfeeding
- Competency #2: Skin to Skin Care (OPTIONAL)
- Competency #3: How to Breastfeed
- Competency #4: Hand Expression
- Competency #5: Safe Preparation of Infant Formula

### The CHAMPS Training Resources

- PowerPoint™ slides
- Speaker Notes
- Participant Handouts
- Competency Checklists
- Sample agenda
- Objectives
- Training Prop List

### A Few Caveats

- Download link is ONLY available for those who have participated in the TTT teaching
- Photos are NOT available for other uses
- Materials can NOT be forwarded to others
- Agreement Form

### For More Information about the Training:

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### To Access the TTT Webinar:

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