



# Communities and Hospitals Together: Supporting the Breastfeeding Mother

A Hands-On Training in Breastfeeding Best Practice

**Tuesday, August 8 @ 1:00 – 5:00 pm**

**Blackfeet Community College  
Red Fox 102**

No Cost to Attend  
CFUs Provided

**RSVP online at: <http://bit.ly/2tJklzW>**

This free 4-hour course is designed to cover 4 of the 5 hands-on clinical competency training hours required by Baby-Friendly USA™. This course will cover basic clinical skills supporting breastfeeding, including:

- counseling skills
- skin-to-skin practices
- how to breastfeed
- hand expression
- safe formula preparation

This Breastfeeding Clinical Competencies course is free for the community. For general information about the training, email the AI/AN CHAMPS team at [CHEERequity@gmail.com](mailto:CHEERequity@gmail.com).



## Meet the Trainer: Camie Jae Goldhammer

Camie Jae Goldhammer, MSW, LICSW, IBCLC (Sisseton-Wahpeton) is founder and chair of the Native American Breastfeeding Coalition of Washington, a member of the Native American Women's Dialogue on Infant Mortality, and a founding mother of the National Association of Professional and Peer Lactation Supporters of Color. Her work focuses on the effects of historical and complex traumas on American Indian/Alaska Native families, inequity in breastfeeding support and food/tribal sovereignty through breastfeeding.



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